DOCUMENT RESUME

ED 420 417 PS 026 586

TITLE	Hawaii's Adolescent Wellness Plan: Laulima in Action.
INSTITUTION	Hawaii State Dept. of Health, Honolulu.
PUB DATE	1997-05-00
NOTE	131p.
AVAILABLE FROM	Department of Health, Family Health Services Division, 741-A Sunset Avenue, Room 107, Honolulu, HI 96816 (Hardcover, $14, plus $4 shipping; Softcover, $12, plus $3 shipping).
PUB TYPE	Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Adolescent Development; *Adolescents; Benchmarking; Change Strategies; *Child Health; Community Planning; Community Programs; Community Services; Health Conditions; Health Needs; *Health Promotion; Policy Formation; Public Policy
IDENTIFIERS	*Hawaii; Healthy People 2000; Indicators; Risk Taking Behavior

ABSTRACT

Based on a need in Hawaii for a multilevel responsibility and commitment to ensure adolescent wellness, the Hawaii Adolescent Wellness Team developed a plan based on research and discussions with a variety of professionals and community leaders in health, education, and social service. This resource handbook is designed to assist communities in partnership with their youth in developing and evaluating programs and services for adolescents and to assist departments and elected officials in developing public policy to support adolescent wellness in Hawaii. The plan is organized into four primary sections. Section 1, "Basic Assumptions of Adolescent Wellness," discusses the psychosocial and developmental stages of adolescence, myths and facts, and economic consequences of preventable risk-taking behaviors. Section 2, "The Status of Adolescent Health in Hawaii," presents the benchmarking process and critical indicators of health, provides instructions for using the information for community benchmarking, and lists state and community-based needs assessment data resources. Section 3, "Framework for Adolescent Wellness," presents basic principles of adolescent wellness and discusses the community planning approach. Section 4, "Strategies for Promoting Adolescent Wellness," discusses the overarching goal of the plan as well as goals and critical indicators for which communities may respond, suggests change strategies and activities to implement strategies, and provides statewide resource contacts. Appendices include the Healthy People 2000 objectives and resource liaisons. Each section contains references or additional resources. (KB)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****